



Aftercare Instruction for Nail Procedure

1. 24 hours after the procedure soak dressing 1-2 minutes in Epsom salt bath, then remove bandage.
2. Soak for another 5-10 minutes. Blot dry.
3. Apply antibiotic ointment of your choice (Bacitracin, Neosporin, Triple Antibiotic, etc.) and cover with gauze or a Band-Aid.
4. Soak twice a day in Epsom salt for the next two weeks.
5. After 3-4 days if there is no drainage noted, you may remove the gauze or Band-Aid and allow wound to air dry at night. Continue this step for 1 week.
6. For post-operative discomfort, you can take Tylenol, Aleve, Advil, or any other OTC NSAID's.
7. Open toe shoes are recommended until wound is healed.
8. If closed-toe shoes are of choice, the wound should be covered with antibiotic ointment and gauze and/or Band-Aid.

For Permanent Nail Removal

In addition to the above instructions, please also do the following:

- Phenol or sodium hydroxide has been used to remove your nail and is very caustic. This may cause drainage, redness, and the area to become darkened. Use a clean washcloth to scrub this area while doing your soaking twice a day.
- Permanent nail removal can take 4 to 6 weeks to fully heal. Call our office at 318.371.5600 if you have any problems or concerns.