(Name)_____'s Daily Medication Log

MINDEN
Nephrology & Hypertension

How To Track:

- List all medications you take including prescriptions, vitamins, and over-the counter.
- Track all meds and bring it to every doctor, hospital, and emergency room visit.

			What time and how much?			
My Medicine	My Dosage	Treats My…	Morning	Noon	Evening	Bedtime
Example: *Simavastin*	Example: *40 mg*	Example: *Cholesterol*	Example: *1 pill*			

Do not wait to address issues with your medication. Talk to Dr. Shirsat right away at 318.382.7290