

(Name) \_\_\_\_\_'s Daily Medication Log



**How To Track:**

- List all medications you take including prescriptions, vitamins, and over-the counter.
- Track all meds and bring it to every doctor, hospital, and emergency room visit.

My Medicine	My Dosage	Treats My...	What time and how much?			
			Morning	Noon	Evening	Bedtime
Example: <i>Simvastatin</i>	Example: <i>40 mg</i>	Example: <i>Cholesterol</i>	Example: <i>1 pill</i>			

Do not wait to address issues with your medication. Talk to Dr. Wilson right away at 318.299.6334