

# Experienced

## MENTAL HEALTH CARE AT HOME

### With Minden Medical Center Home Health Agency

The National Institute of Mental Health reports that one in four adults – approximately 57.7 million Americans – experience a mental health disorder in a given year. Depression is a debilitating mood disorder that is commonly seen among patients over 65 years of age with chronic medical disorders.

Minden Medical Center Home Health Agency (MMCHHA) is pleased to offer psychiatric management to those we serve. Ramah Bordelon, RN, BSN, brings 23 years of mental health experience to home health. She has been trained in building a therapeutic alliance,

teaching on disease process, and the administration of psychiatric medication.

MMCHHA provides care to individuals with mental illness or mental distress. Using advanced clinical judgment and practice, Ramah will assess, plan, implement, manage and evaluate plans of care – including treatment with psychotropic medications, case management and consultation.

MMCHHA coordinates services and facilitates mental health care and education for the patient and family members by addressing the psychosocial needs of:

- Adults coping with stressful and emotional circumstances
- Elderly at risk for emotional and cognitive decline
- Serious and persistent mentally ill

Home is often the best place for healing. Surrounded by familiar settings, family and friends, you can relax and allow the healing process to begin.



Ramah Bordelon, RN, BSN



HOME  
HEALTH

*Excellence in healthcare ...in your home.*

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[www.mindenmedicalcenter.com/homehealth](http://www.mindenmedicalcenter.com/homehealth)

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